

Premier Dance Academy, LLC - Season 29: Classes begin the week of September 8 (no classes on Sept. 7)

<u>PreDance</u>	
PreDance Ballet (age 3-4)	Tuesdays 5:00 - 5:30 pm
PreDance Tap (ages 3-4)	Tuesdays 5:30 - 6:00 pm
PreDance Ballet / Tap (ages 4-5)	Mondays 4:00 - 5:00 pm
PreDance Ballet / Tap (ages 5-6)	Mondays 5:00 - 6:00 pm
Mini Company - K - 2nd Grade	Wednesdays 5:15 - 6:00 pm
<u>Primary</u>	
Primary I Ballet	Wednesdays 4:15 - 4:45 pm
Primary I Tap	Wednesdays 4:45 - 5:15 pm
Primary II Ballet	Thursdays 4:15 - 4:45 pm
Primary II Jazz	Thursdays 4:45 - 5:15 pm
Primary II Tap	Thursdays 5:15 - 5:45 pm
Primary III Ballet	Thursdays 4:45 - 5:15 pm
Primary III Jazz	Thursdays 5:15 - 5:45 pm
Primary III Tap	Thursdays 5:45 - 6:15 pm
Primary IV Ballet	Tuesdays 4:15 - 5:00 pm
Primary IV Jazz	Tuesdays 5:00 - 5:30 pm
Primary IV Tap	Tuesdays 5:30 - 6:00 pm
Mini Company - K - 2nd Grade	Wednesdays 5:15 - 6:00 pm
Petite Company - Primary III - Prep II	Thursdays 7:15 - 8:00 pm
Contemporary - Primary III & IV	Mondays 4:30 - 5:00 pm
Hip Hop - Primary I - IV	Tuesdays 6:00 - 6:30 pm

<u>Premier Prep</u>	
Prep I PrePointe	Tuesdays 6:00 - 7:00 pm
Prep I Jazz	Tuesdays 7:00 - 7:30 pm
Prep I Tap	Tuesdays 7:30 - 8:00 pm
Prep II Ballet	Wednesdays 5:00 - 6:00 pm
Prep II Jazz	Wednesdays 6:00 - 6:45 pm
Prep II Tap	Wednesdays 6:45 - 7:15 pm
Prep II Beginning Pointe	Mondays 7:15 - 8:15 pm
Prep IV Tap	Tuesdays 6:30 - 7:15 pm
Prep IV Jazz	Tuesdays 7:15 - 8:00 pm
Prep IV Pointe	Tuesdays 8:00 - 9:00 pm
Petite Company - Primary III - Prep II	Thursdays 7:15 - 8:00 pm
Company - Prep III - Premier	Thursdays 8:00 - 9:00 pm
Hip Hop - Prep I-IV	Thursdays 5:45 - 6:30 pm
Contemporary - Prep I-IV	Mondays 6:00 - 6:45 pm
Independent Strength & Flexibility*	Mondays 6:45 - 7:15 pm

***Independent Strength & Flexibility:** Dancers will have access to stretch bands, yoga mats, balance boards, turning boards and more, along with written detailed descriptions on how to use the equipment. The first week of each quarter will be supervised by a Premier faculty member to ensure proper use of equipment is understood.

E L E V A T E

Encouragement Leadership Empowerment Values Acceptance Trust Excellence

Premier Dance Academy, LLC - Season 29: Classes begin the week of September 8 (no classes on Sept. 7)

<u>Premier</u>		<u>“Elevate Yourself” - Adult Dance Classes</u>	
Premier Pointe, Tap & Jazz rotating 3-week schedule	Mondays & Wednesdays 6:00-8:30 pm	Intermediate Ballet**	Wednesdays 7:30 - 8:30 pm
Contemporary	Mondays 5:00 - 6:00 pm	Intermediate Tap***	Thursdays 7:30 - 8:15 pm
Company - Prep III - Premier	Thursdays 8:00 - 9:00 pm		
Independent Strength & Flexibility*	Thursdays 7:15 - 8:00 pm		

***Independent Strength & Flexibility:** Dancers will have access to stretch bands, yoga mats, balance boards, turning boards and more, along with written detailed descriptions on how to use the equipment. The first week of each quarter will be supervised by a Premier faculty member to ensure proper use of equipment is understood.

“Elevate Yourself” adult classes are drop-in (pay as you go) or by purchasing an 8-class punch card. Come when it works in your schedule and skip when you’re too busy!

****Intermediate Ballet** class will include barre work and centr combinations. Wear comfortable clothes (or dance clothes if you have them) and ballet shoes.

*****Intermediate Tap** will include warm-up and center combinations. Wear comfortable clothes (or dance clothes if you have them) and tap shoes.

Contact [Shannon](#) for more information.

E L E V A T E
 Encouragement Leadership Empowerment Values Acceptance Trust Excellence